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## Nut and Seed (Allergy) Aware School.

**ALL students and staff at BPS are to refrain from bringing foods to school that contain nuts (eg Peanut Paste / Nutella) as well as Sesame and Linseed**

A severe allergy to nuts and sesame can have a life threatening reaction. Anaphylactic shock can occur within seconds of exposure to a nut or sesame allergen.

This can occur if :

- Contact is made with a person who has handled or eaten nuts or nut products.
- Contact is made with a person who has handled or eaten sesame seeds or sesame products.
- Contact is made with an object such as a toy or door handle that has traces of nuts or sesame on it.

### Context

The DfE requires schools to promote and construct learning environments that are safe and supportive.

Students and staff may have Anaphylaxis, the severest form of allergic reaction, and nuts or nut products may be a trigger. This means that exposure at school may constitute a risk to their health and well-being. It is not possible to guarantee that the environment will be completely free of potential hazards, however, compliance to reasonable guidelines will minimize the potential risks.

### Purpose

- To provide a safe learning environment for all members of the Balaklava Primary School community.
- To raise the awareness of all members of the community regarding severe allergies.

### Management

The Nut and Sesame Aware policy will be managed by:

- Parents, caregivers and community members being requested **NOT** to send food to school that contain any nuts (especially peanuts). This includes peanut paste, Nutella, nougat, all nuts and cooking oil containing peanut oil, as well as foods containing nuts.
- Parents, caregivers and community members being requested **NOT** to send food to school that contain any sesame seeds or sesame oil. This includes bread with sesame seeds on top, hummus and foods cooked in sesame oil
- Staff supervising eating at lunch time.
- Students being encouraged NOT to share food.
- Students being encouraged to wash hands after eating.
- Staff participating in First Aid Training, understanding and dealing with Anaphylaxis (severe allergic reactions) as the need arises.
- Students washing hands and face before leaving for school in the case where they have eaten nut or sesame products for breakfast.
- Staff complying with the Nut and Sesame Awareness policy when cooking with students at school.

**\* This school acknowledges that due to food processing practices it is impractical to eliminate nuts and nut products entirely from an environment where there is food. The emphasis is therefore on raising awareness and adopting the reasonable procedures termed as 'Nut and Sesame Awareness'.**