



8/8/22

BALAKLAVA SCHOOLS CANTEEN

● GREEN - CHOOSE PLENTY ✓ AMBER - SELECT CAREFULLY GF - GLUTEN FREE

Canteen Manager - Lisa Watson 08 8862 0600 Canteen.bhs940@schools.sa.edu.au

HOT OPTIONS

- Spaghetti Bolognese \$5.00
- Beef Lasagne \$5.00
- ✓ Chicken Tender Roll -Lettuce & Mayo \$6.00
- ✓ Chicken Tender Wrap -Lettuce & Mayo \$6.00
- ✓ Hot Chicken Roll with Mayo \$4.20
- ✓ Pork Fried Rice \$5.40
- ✓ BBQ Chicken Roll \$4.50 or Junior \$2.80
- Ham & Cheese Roll \$3.80 or Junior \$2.00
- ✓ Chicken Burger -Cheese & Sauce \$4.40
- ✓ Beef Burger -Cheese & Sauce \$4.40
- ✓ Beef or Chicken or Fish Burger w/salad \$5.00
- ✓ Sweet Chilli or Plain Chicken Tender \$1.80
- ✓ Chicken Nugget \$0.60
- ✓ Chiko Roll \$2.60
- ✓ Mrs Macs Sausage Roll \$4.00
- ✓ Mrs Macs Party Pie \$1.50
- ✓ Mrs Macs Lite Beef Pie \$6.00
- ✓ Hot Noodles - Beef or Chicken \$2.20
- ✓ Mc Cains Pizza Singles - Ham & Pineapple or Cheese & Bacon \$3.00
- ✓ Crumbed Fish - piece \$2.50

VEGETARIAN OPTIONS

- ✓ Macaroni Cheese \$4.50
- ✓ Spring Roll - Small \$0.70
- ✓ Hash Brown \$1.00
- ✓ Bag Seasoned Wedges \$2.00
- Corn Cobbettes \$1.60
- Vegetarian Fried Rice GF \$4.50
- ✓ Mrs Macs Vegetarian Pasty \$5.10
- Lasagne GF \$5.00
- Vegan Burger - lettuce, and mayo \$6.00

TOASTED SANDWICH

- Cheese \$2.00
- Ham & Cheese \$3.20
- Ham, Cheese & Tomato \$4.00
- Cheese & Tomato \$3.30

COLD OPTIONS

- Salad Bowl GF \$5.20 or Junior Salad \$2.80
- Salad Bowl w/Ham GF \$6.40
- Salad Bowl w/Chicken GF \$7.00
- Salad Bowl w/Beef or Tuna GF \$6.90
- Salad Bowl w/Crumbed Fish \$7.70

BAKED POTATOES

- Plain \$2.50
- ✓ Ham GF \$1.20 or Chicken \$1.80
- Beetroot or Pineapple \$0.70
- Sour Cream \$0.80
- Cheese \$0.50
- ✓ Margarine \$0.30

SANDWICH, ROLL or WRAP

- Sandwich - Buttered \$1.00
- Roll - Buttered \$1.20
- Wrap - small \$1.00
- Wrap - Large \$1.50
- Chicken \$1.80 or Ham \$1.20
- Tuna or Beef \$1.70
- Egg \$0.70
- Salad (lettuce, tomato, carrot & cucumber) \$3.50
- Cheese or Beetroot \$0.50
- Vegemite or Mayo \$0.50

EXTRAS

- Gerkin, Pineapple or Carrot \$0.80
- Cucumber, Tomato or Lettuce \$1.00
- ✓ Avocado \$0.80
- ✓ Sauce or Sweet Chilli \$0.30
- Caramelised Onion \$0.80
- ✓ Sauce Tubs - \$0.80
- Tomato, Sour Cream or Sweet Chilli

Orders can be placed via Qkr!
before 9am



SNACKS

✓	Red Rock Chips-Honey Soy or Sea Salt	\$1.60
✓	Jumpys Chicken Chips	\$1.30
✓	Banana Bread (Homemade)	\$2.00
●	Fruit Salad small	\$2.00 or Large \$4.00
●	Watermelon Tub small	\$1.50 or Large \$3.00
✓	Grain Waves	\$1.40
●✓	Buttermilk Scone with Spread	\$1.30
✓	Milky Max Chocolate Custard	\$1.10
●	Apple or Banana	\$1.00
✓	Corntos - BBQ or Cheese	\$1.00
✓	Vege Chips - BBQ, Chicken or Salt & Vinegar	\$3.00
✓	Jelly Cup - Orange or Strawberry	\$1.50

DRINKS

✓	250ml Up & Go- Vanilla, Strawberry, Chocolate or Banana	\$2.50	
✓	600ml Oak - Chocolate, Strawberry Banana, Vanilla or Eggnog	\$4.30	🦋
✓	250ml Oak - Chocolate or Strawberry	\$2.40	
✓	300ml Oak - Chocolate or Strawberry	\$2.80	
✓	400ml Zymil Lactose Free Chocolate	\$3.80	
✓	250ml Juice - Apple, Orange or Apple & Blackcurrant	\$2.20	
✓	250ml Iced Tea - Peach, Lemon, Raspberry or Blackcurrant	\$2.60	
●	600ml Dads Pure Water	\$2.00	
●	200ml Devondale Full Cream Milk	\$1.40	
	500ml Oak Plus Vanilla & Chocolate	\$5.00	🦋

ICE BLOCKS

✓	Icy Bites	\$0.60	
✓	Sour Snap Sticks	\$1.00	
✓	Calippo Raspberry & Pineapple	\$1.70	
✓	Paddle Pop - Rainbow or Chocolate	\$2.90	
✓	Frozen Juice - Orange or Apple	\$1.00	
✓	Low Fat Vanilla Ice Cream Tub GF	\$1.60	
✓	Lemonade Icy Twist	\$1.90	
✓	Moosie - Blue Moon, Choc or Strawb	\$1.70	🦋
✓	Krazy Krush small	\$2.00 or large \$2.80	🦋
✓	Cyclone	\$3.70	
✓	Ice Monys	\$1.00	

DAILY SPECIALS

MONDAY

Baked Potato	
Margarine & Cheese (vegetarian)	\$3.00
Margarine & Beef Bolognese	\$5.50
Grated Cheese	\$0.50
Sour Cream	\$0.80
Salad Bowl	\$4.70
Salad Bowl with Chicken	\$6.50
Salad Bowl with Ham	\$5.90
Salad Bowl with Beef	\$6.40

TUESDAY

Wedges & Gravy	\$4.00
Bag of Wedges	\$2.00



WEDNESDAY

Chicken Tender Roll -Lettuce & Mayo	\$5.50
Chicken Tender Wrap -Lettuce & Mayo	\$5.50
Junior Chicken Tender Roll	\$3.20
Junior Chicken Tender Wrap	\$3.20

THURSDAY

Plain Hotdog	\$3.20
Cheese add	\$0.50
Sauce add	\$0.30
Junior Hotdog	\$1.70
Cheese add	\$0.30
Sauce add	\$0.20

FRIDAY

Chicken Pasta Bake (Homemade)	\$6.00
Butter Chicken & Rice (Homemade)	\$6.00
Chicken or Beef Burger with Cheese & Sauce	\$3.90
Chicken, Beef or Fish Burger with Salad	\$4.50
Vegan Burger with Lettuce and Mayo	\$5.50

AVAILABLE TO
BHS
STUDENTS ONLY



* PRICES SUBJECT TO CHANGE WITHOUT NOTICE